

WSEH AC Spring Open Graded Meeting – UKA Permit Level 2

Sunday 16th April 2023 at TVAC, Eton

Provisional Timetable

Track

- 11.30 1500m S/Chase U17M
- 11.45 1500m S/Chase U17W/U20W/SW
- 12.00 300m U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 12.30 400m U15B/U17M/U20W/U20M/SW/SM
- 12.45 100m U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 1.35 75m U11G/U11B/U13G

LUNCH BREAK

- 2.00 800m U11G/U11B/U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 3.00 150m U11G/U11B/U13G
- 3.15 200m U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 4.05 1500m U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 4.30 3000m U15G/U15B/U17W/U17M/U20W/U20M/SW/SM – Race Format TBC as potential Age group qualification races which require same sex races.

Field All Field events are open to WSEH athletes only until 26th March then open for any athletes to enter.

- 10.30 Long Jump U11G/U11B/U13G/ U13B/U15G - 3 Jumps each – **Max Entries 20**
- 10.30 Hammer U15G/U15B/U17W/U17M/U20W/U20M/SW/SM – 3 Throws each – **Max 16 Entries**
- 10.30 Pole Vault – Closed event only open for WSEH Athletes - **Max 15 Entries**
- 12.45 Javelin U15G/U15B/U17W/U17M/U20W/U20M/SW/SM - 3 throws each – **Max 20 Entries**
- 1.00 High Jump U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM – **Max 16 Entries**
- 2.15 Long Jump U15B/U17W/U17M/U20W/U20M/SW/SM - 3 jumps each – **Max 16 Entries**
- 3.40 Shot U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM - 3 throws each – **Max 15 Entries**