

Windsor Slough Eton & Hounslow Athletic Club Winter Fixture List 2023/2024

Club races:

23rd September - SEAA Road Relays, Rushmoor Arena, Aldershot
7th October - National Road Relays, Sutton Park, Birmingham
21st October – SEAA (regionals) cross country Relays, Wormwood Scrubs
4th November - National cross country Relays, Mansfield
27th January - Southern cross country Championships, Beckenham
24th February - National cross country Championships, Weston Park, Telford

Met League cross country fixtures:

14th October – Claybury – hosted by Woodford Green and Essex Ladies
11th November – Wormwood Scrubs – hosted by Thames Valley Harriers
2nd December – Uxbridge – hosted by Hillingdon Athletics Club
13th January – Welwyn Garden City – hosted by Herts Phoenix
10th February – Trent Park – hosted by Barnet & District & Trent Park Running Club
[Fixtures - Metropolitan Cross Country League \(metleague.run\)](https://www.metleague.run)

North West London Young Athletes League cross country fixtures:

30th September – at Tir Chonails Clubhouse, Greenford
4th November – at Fryent Park, Kingsbury
25th November – at Trent Park, Cockfosters
3rd February – at Hampstead Heath Extension
2nd March – at Wormwood Scrubbs, East Acton (date and venue tbc)

Other key races:

18th December – Berkshire cross country Championships
6th/7th January – Other County cross country Championships (check websites for date and venue information)

School races:

County Schools cross country (S1). Entry through schools only. Check websites for date and venue information.
South East Schools cross country (S2). Selected from County Schools.
ESAA cross country Championships (S3). Selected from races S1 and S2.
ESAA cross country International (S4). Selected from race S3.

