



Spring Open Graded Meeting

Under UKA Rules/Permit Level 1
With Electronic timing & EDM

Thames Valley Athletic Centre, Eton, SL4 6HN
Saturday 23rd March 2024

Events:

TRACK

- 75m U11G/U11B/U13G/U13B
- 150m U11G/U11B/U13G/U13B
- 100m U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 200m U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 300m U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 400m U15B/U17W/U17M/U20W/U20M/SW/SM
- 800m U11G/U11B/U13G/U13B/U15G/U15B/
U17W/U17M/U20W/U20M/SW/SM
- 1200m U13G/U13B
- 1500m
U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 3000m U15G/U15B/U17W/U17M/U20W/U20M/SW/SM

FIELD

- High Jump**
U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- Long Jump**
U11G/U11B/U13G/U13B/U15G
U15B/U17W/U17M/U20W/U20M/SW/SM
- Javelin**
U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- Shot**
U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- Hammer**
U15G/U15B/U17W/U17M/U20W/U20M/SW/SM

No entries on the day.

Entry Fees: £8 per event
(maximum of 3 events may be entered)
Entry times for track events are predicted times not PB's.
Graded meeting, mixed age & gender races (ensure athletes understand this format before entering), fastest races first.

Entries: Online entries only via
<https://www.race-results.co.uk/results/2024/>

Entries limited to 500 athletes.
Entries will close when this number is reached OR on 15th March. Field entries have a limited capacity which can be found on the Provisional Timetable, check this before attempting to book.

No late entries will be accepted.

Timetable:

A Provisional Timetable and additional information is available on the WSEH Athletic Club website: –
<https://wseh.co.uk/spring-track-field-open-graded-meeting-2024/>

A Final Timetable will be posted on the WSEH Athletic Club website in the week leading up to the Meeting, please note there could be changes to the Provisional Timetable timings.