



SPRING OPEN GRADED MEETING – Saturday 23rd March 2024
At Thames Valley Athletic Centre, Wallace Walk, Pococks lane, Eton, SL4 6HN

IMPORTANT INFORMATION

Please ensure you are conversant with the following information. WSEH A.C. cannot be held responsible for problems experienced on the day due to a lack of understanding of the process.

On the day the WSEH clubroom will be available for athlete registration & picking up numbers **only**. **Apart from that, the room is for officials only.** PLEASE HONOUR THIS DIRECTIVE.

ATHLETE REGISTRATION OPENS AT 9.45am: Athletes must register and collect their numbers for track no later than **1¼ hr** and field **45mins** before their first event. **Please ensure that you bring along a copy of your entry confirmation email.** LATE REGISTRATION CANNOT BE ACCEPTED BECAUSE OF THE LEAD TIME REQUIRED FOR GRADING, ETC., **so ensure you allow time for you journey to TVAC. NO ENTRIES OR EVENT SWAPS CAN BE ACCEPTED ON THE DAY.**

PERSONAL THROWING IMPLEMENTS: Must be weighed in at least 1 Hour before the said event. Weigh in is done in the equipment hut, next to the pavilion, near the 150m start. Athletes who arrive late will have to use the equipment provided by the competition organisers.

ALL EVENTS: Athletes must ensure they are at their event 15 minutes before its start time, in readiness for call up. No event will be delayed for late comers. Competing athletes only allowed in the competition area.

FINAL TIMETABLE: is available on the WSEH AC website, <https://wseh.co.uk/spring-track-field-open-graded-meeting-2024/> some event start times have changed due to entry numbers and officials required.

TRACK EVENTS: It is the responsibility of athletes to listen for the marksman's call up to race, 15mins before start time. Start Lists will be put up to view prior to the start of each race.

FIELD EVENTS: Field events will start at the time stated on the timetable, with warm up rounds occurring 30 mins in advance of that time. It's the responsibility of the athletes to arrive at the event with enough time to measure run ups and participate in the warm up rounds. Late comers will be unable to have practice throws / jumps.

HEALTH & SAFETY: Officials and competing athletes only, are allowed in the competition area. Athletes must NOT use electronic equipment e.g. phones, i-pods etc. within the competition areas. Any athlete found doing so will be asked to leave the area and may be liable to disqualification.

REFRESHMENTS: There will be refreshments on sale from the WSEH canteen at very reasonable prices. We are able to accept both cash and electronic payment. Please note that sales will be at the outside serving hatch only. The hatch inside the club room is for registered officials.

PARKING: Parking at TVAC is limited. Please allow enough time to find parking on nearby roads, should that be the case. The car park is a paying system, for the competition the car park is free. Mini buses or coaches cannot be parked at the centre, they can drop off athletes then go and park. We look forward to seeing you at our Open Meeting and hope you have an enjoyable & successful day.